

# TAKE --- ACTION

## Maintain Your Vehicle

- ✓ By maintaining your vehicle, you'll save gas, money, & the air.
- ✓ Get the junk out of your trunk. An extra 100 pounds reduces gas mileage by up to 2%.
- ✓ Avoid aggressive driving. Speeding, rapid acceleration, & hard braking can reduce gas mileage by 33% at highway speeds.
- ✓ Slow down & save. Each 5 MPH that you drive over 60 MPH reduces fuel economy by up to 5%.
- ✓ Turn it off. Don't let your vehicle run when you're not driving. Idling wastes gas & pollutes the air. If you see commercial vehicles or buses idling report them at [www.idlefreephilly.org](http://www.idlefreephilly.org).
- ✓ Refuel at the end of the day. Ozone levels are usually highest in mid to late afternoon.
- ✓ Don't "top off" your tank when refueling. Spillage adds two tons of air pollution daily.
- ✓ Tighten your gas cap. This is one of the easiest ways to keep gas in your tank.
- ✓ Get regular tune-ups & car maintenance checks. A properly running vehicle emits less pollution & saves gas.
- ✓ Change your oil. Using a manufacturer recommended grade motor oil improves fuel economy by 1-2%.
- ✓ Keep the right amount of air in the tires. Proper tire pressure saves gas & the air.

## Commute Smarter

- ✓ Take transit or rideshare. Ride the bus, train, subway or carpool, to work or school.
- ✓ DVRPC & your local Transportation Management Association have developed a number of commuter tools to help you reduce air pollution, save money, & reduce congestion from your commute. [www.dvrpc.org/MobilityAlternatives/](http://www.dvrpc.org/MobilityAlternatives/)
- ✓ DVRPC offers the RideECO commuter benefit program to employers. RideECO can help you & your employees save the air & money on their commute! [www.dvrpc.org/RideECO/](http://www.dvrpc.org/RideECO/)

## Save Energy

- ✓ Saving energy at work and home, not only saves money but protects the air from emissions from power plants, & burning heating oil.
- ✓ Turn off lights and turn down the thermostat in winter & up in summer.

## Participate

- ✓ Sign up for air quality alerts: <http://delawarevalley.enviroflash.info/signup.cfm>.
- ✓ Share these "Action" items with your friends & family.



Email Sean Greene at [sgreene@dvrpc.org](mailto:sgreene@dvrpc.org)  
to see how you and your business can  
get involved!